



Living the Miracle: A Center for New Paradigm Leadership Launches a Revolutionary Approach to Global Activism

FREDERICKSBURG, VA, July 12, 2008 -- Living the Miracle (LtM): A Center for New Paradigm Leadership and Global Network comprises a growing community of individuals who are working to transform their own lives, and by doing so are radically changing the face of our human family. The LtM Center's mission is to teach and mentor new paradigm leaders a new heart-centered approach to global activism.

The seed inspiration for the Living the Miracle (LtM) started as a call to wake-up by author Carol Fitzpatrick. In early 2004, she began speaking about the prophetic visions she had been receiving that prompted her to write the first of two books. Fitzpatrick's beckoning spawned others to step forward. This call quickly grew into a grassroots movement, and by late 2006, had evolved into an international network of new paradigm leaders who held a desire to join together for creating a new force in the world. Their purpose was to shift global consciousness away from fear toward a climate of inner peace and joy.

In 2007 Fitzpatrick, joined by husband and partner Mark Torgeson, launched a series of community activations. The first was held in Richmond, VA, and quickly followed by events in Chicago, IL and Washington, DC. These events brought to light what a small group of committed people can do together to positively affect global outcomes. By the fall of the year, they felt the need to provide additional support to the growing number of participants desiring to stay connected within the larger context of the global community.

The Living the Miracle center and global network was organized in January 2008.

LtM is not affiliated with any religious or spiritual organization, or political alliance. Founders' Fitzpatrick and Torgeson provide the support and peer-to-peer mentoring that new paradigm leaders need to create new outcomes —both personal and global—without influencing or interfering with any other person's choice. LtM teaches individuals how to transform their own lives and by doing so activate this change in others.

“We are powerful beings of light who have the capacity to affect positive change within every sector of our society. This change cannot come about until each and everyone of us takes responsibility for turning away from the malaise that sets in when we participate—directly or indirectly—in anything that smacks of oppression,” says Fitzpatrick.

New paradigm leaders are provided a safe haven to explore their desire to create a better quality of life for themselves, and to work with others to bring about a new global consciousness based on inclusiveness, respect and unconditional acceptance. The founders maintain that the act of holding sacred space for another human being is an act of selfless service, which is the very essence of this new approach to global activism.

The LtM Global Network is comprised of individuals who serve as activists for spiritual, social, economic, political and environmental change by choosing joy as a path of service. They are building the energetic foundation necessary to address some of the world's most pressing issues including overpopulation, pollution, poverty, starvation and malnutrition, quality of healthcare, families in crisis, and substandard education. These new paradigm leaders are seemingly ordinary people who have learned that “follow your heart, change the world” is not just a cliché but a way of life.

Fitzpatrick's newest book, *A Call to Remember: Follow Your Heart, Change the World*, tells the remarkable story of how these courageous leaders are transforming their lives, and by doing so explains how they are creating the tipping point that will turn humanity toward a new climate of inclusiveness. Interwoven throughout the book, are the LtM

transformational tools for integrating this new form of global activism into every day life. Fitzpatrick's personal mission is to push the envelope of what's possible when we forgive ourselves and embrace oneness.

Fitzpatrick's passion for working with new paradigm leaders began to take form in her early days of growing a design firm into a regional magazine before moving on to serve in a lead marketing role at the forefront of the national community policing movement. In 1989, she experienced a spontaneous spiritual awakening, which led her to eventually embrace her current path of service. During that same time frame, Torgeson worked in the human services and alternative healing fields while also pursuing his passion for music as a tool for transformation and healing.

Mark Torgeson is a world-class pianist and sound healer who creates the music of transformation. This music helps activists shift out of deeply engrained mental patterns into creative and expansive constructs aligned with new paradigm reality. Together they set the tone for the vibrational shift in consciousness to occur by inviting others to open to a new awareness when there is no fear or boundaries to imagining what is possible.

Fitzpatrick and Torgeson discovered the thread of their work shortly after coming together as life partners in 2001. Over the past 7 years, they have worked to create events that focus on the power of the individual while providing the experience of oneness in community.

To celebrate the formal launch of the Living the Miracle: A Center for New Paradigm Leadership and Global Network—and to invite others to experience this new approach to global activism—the founders and the LtM leaders will be hosting a global light festival called the Big Shift in the later part of 2009. The event will be held in Washington, DC.

A Center for New Paradigm Leadership and Global Network is an initiative of Arayu Productions, LC, and a partnership whose mission is to contribute to the realization of global oneness.

To learn more about Living the Miracle, the Big Shift event and the work of the founders—Fitzpatrick and Torgeson—please visit their websites:

www.planetaryawakening.org or www.carolfitzpatrick.com or the global network:

www.planetaryawakening.ning.com